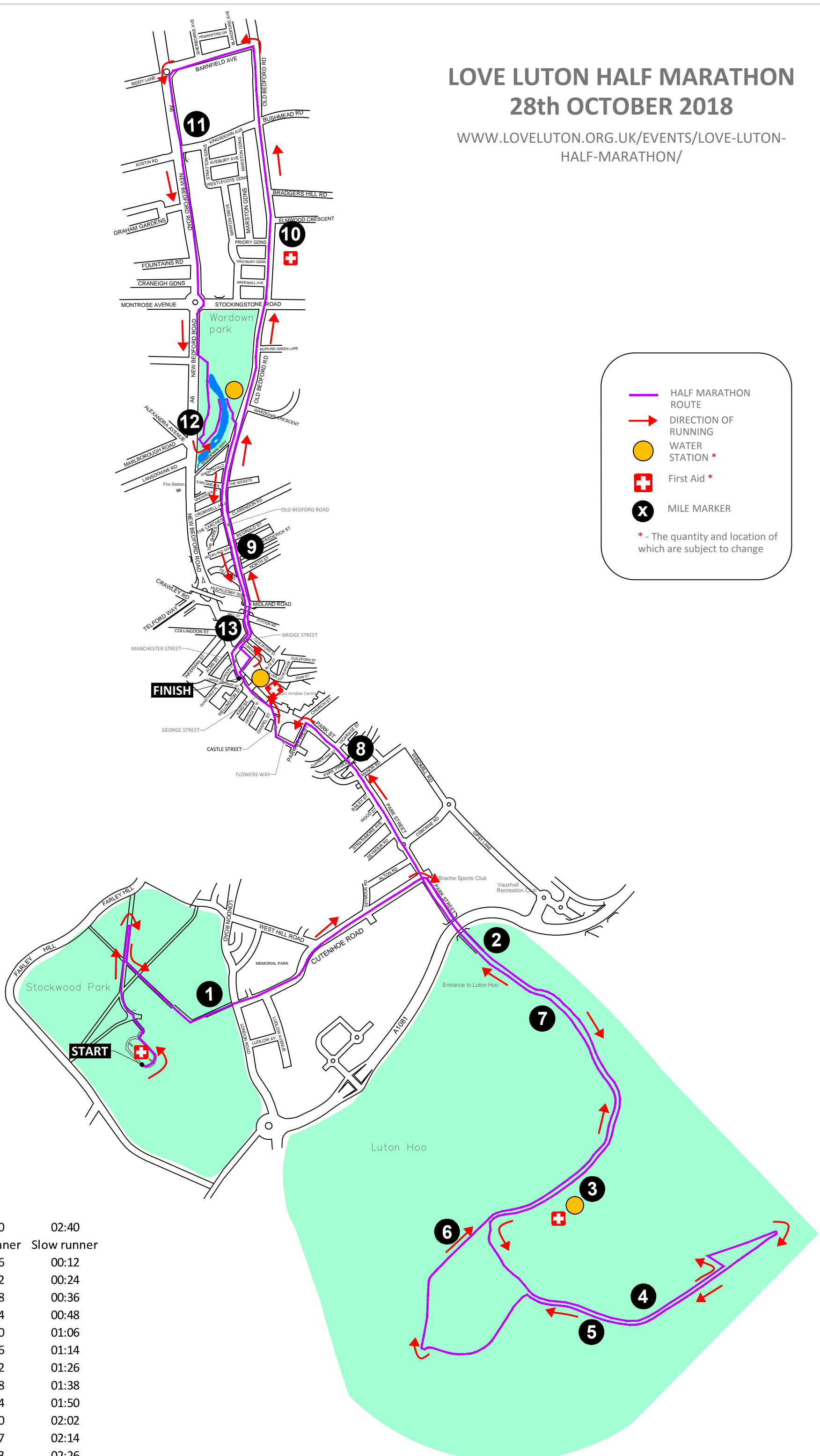


# LOVE LUTON HALF MARATHON

## 28th OCTOBER 2018

WWW.LOVELUTON.ORG.UK/EVENTS/LOVE-LUTON-HALF-MARATHON/



| Mile | 01:20<br>Fast runner | 02:40<br>Slow runner |
|------|----------------------|----------------------|
| 1    | 00:06                | 00:12                |
| 2    | 00:12                | 00:24                |
| 3    | 00:18                | 00:36                |
| 4    | 00:24                | 00:48                |
| 5    | 00:30                | 01:06                |
| 6    | 00:36                | 01:14                |
| 7    | 00:42                | 01:26                |
| 8    | 00:48                | 01:38                |
| 9    | 00:54                | 01:50                |
| 10   | 01:00                | 02:02                |
| 11   | 01:07                | 02:14                |
| 12   | 01:13                | 02:26                |
| 13   | 01:18                | 02:38                |